Greetings,

I would like to again thank you for the opportunity to serve as President of our Post. As summer draws to a close I hope each of you had the opportunity to take some time this summer, find a cool spot, and recharge your batteries. The end of summer sees children going back to school, baseball winding down, football spinning up, and of course the end of the Federal fiscal year. Fiscal year 2012 was another huge year for the Omaha District, and with the help of many of you we were successful. I believe that the current budget deficits, the struggling economy and the elections will impact our business into the future. This makes the opportunities provided by SAME even more important. I encourage each of you to engage as much as possible.

As I mentioned in the last newsletter I would like to focus on three areas over the next year: succession planning, scholarships, and membership. I would like to take a few minutes to discuss some of the activities associated with membership and succession planning.

I will have more information on scholarships in the next newsletter.

The major membership activity this past summer was the new member golf outing at Willow Green in August. A big thank you to Morgan Sykes and the whole Membership Committee for putting that together. This event gave prospective members a chance to get to know and interact with existing members. I have also asked the Fellows to develop some thoughts and strategies for ways to increase the value of the Post to existing members in order to continue to increase membership.

I have also asked the Fellows to assist with succession planning at both the individual member level and from a Post perspective. Through a lot of hard work, encouragement and mentoring we now have what I would consider to be a fairly robust pool of members that are actively engaged in Post operations. I want to ensure that anyone who wishes to advance to leadership positions within the post has a clear understanding of what is needed to achieve their goals and make sure the proper opportunities exist.

Continued on page 2...
Prior to applying for the SAME scholarship through the Omaha Post, I had no idea that the military had its own construction teams. All I knew was that I was interested in the military, and really wanted to get out of Council Bluffs Iowa. So after being accepted to the Seabee camp in Port Hueneme California I became very excited for a week of a new military and construction experience. What I didn’t realize was how one week of camp would expose me to parts of the military I didn’t know about, meet friends who have similar interests as me and influence decisions that will affect my life in the future.

As soon as we arrived on base the learning began. Already my “squad” (which consisted of ten campers) and I started building a frame for a water balloon launcher. Throughout the week we were given many projects and team building exercises including, making truss systems with popsicle sticks and glue, constructing cardboard boats made to carry a person, making/pouring concrete forms and working together through team obstacle courses.

John I. Remus, II, P.E.
Omaha Post President
The week I spent at the Seabees camp was probably one of the most fulfilling experiences I’ve ever had. It was a week full of educational experiences, inspirational people, and amazing facilities. I went expecting a typical summer camp experience of tightly scripted activities with little room for creativity. By the end of the first hour, I was confident that this would not be the case.

When I arrived on base we were shuffled through the check-in process and given some basic camp supplies (water bottle, bag, t-shirts, etc.) and instructed to change into the camp shirt and meet up with the rest of the campers. Our respective squads were each given hammers, saws, wood, and a simple plan sheet. We were instructed to build what was on the sheet, a launcher. The responsibility was put in our hands to construct the launcher accurately and safely as our mentors kept a watchful eye. They threw us curve balls like insufficient lumber and we were forced to adapt. I was excited by the fact that not even an hour into camp, we were already building things. That night we were welcomed to the base by Rear Admiral Scott Weikert who talked to us for around an hour about his job and the many opportunities with the Seabees and the CEC. It was a fantastic start to the week.

The next morning we were tasked with building a concrete beam to meet specific criteria. The beam would be crushed at the end of the week and the strongest beam would win. Once again with were tasked with the design of the beam and preparing all of the materials. Building the form took about an hour and we spent around another hour mixing and pouring the concrete. When it was finally tested, our beam withstood a force of 5100 lbs. and was the third strongest beam overall. After the beam construction we were taken around the base to meet different people and learn about the different disciplines. I was able to weld something for the first time in my life and learned how to frame a wall from a very interesting BU Chief.

On Tuesday we took more tours of NAVFAC and got to see some of the MUSE portable generators. We also visited the Seabees museum to learn more history about the organization. We spent the rest of the day designing and building a popsicle stick bridge taking a break only to visit the FATS trainer. We got to shoot gas powered M16’s that mimicked 80% of the normal...
... SAME Seabees Camp continued

kick within a simulated environment. It was the most
fun I have had in a while.

The next day we started the most fun project, the
cardboard boat build and race. Starting in the
morning we had to design a boat made entirely of
cardboard, duct tape, and saran wrap. Our boat
featured an near perfect skin of layered duct tape on
the bottom making it completely waterproof. The one
thing that my squad didn't plan in advance were the
loading and unloading processes involved with the
relay race portion of the event. The boat sank when
we attempted switching people.

Thursday morning was the most intense as we did the
leadership reaction course. Several stations provided
us with different tasks, materials, and obstacles that
culminated in carrying 50 lb ammo containers over a
frigid mud pit. Most stations involved spanning board
across pylons and most brought their own unique
challenges. It was a fantastic experience as everyone
was able to be a leader for different stations and
exercise control over a team. The excitement of
competition created some fantastic speed runs
through the course along with some spectacular
failures. After lunch we visited the underwater
construction teams and learned a lot about the
different diving options. We spent the rest of the day
at the beach. Being one of the few kids from the
Midwest, I took the opportunity to enjoy the water, in
spite of how cold it was.

On the final day we watched our concreted
beams get crushed and our bridges shatter. It
was a cathartic day. We finished with a last bit of
competition in an ultimate Frisbee tournament and
series of smaller events based around the construction
skills that we learned earlier in the week. After it was
all said and done, my squad placed fourth overall but
nobody could ignore the fact that we did the best in
construction events. I took full advantage of the week
to learn all I could from the enlisted and officers. It
was an enlightening experience that so far has been
pushing me more toward the CEC than an ROTC
path. I hope that I can find a place within the military
where my passion for engineering will be taken full
advantage of.

I want to thank the Omaha Post of SAME for your
support and assistance in attending the SEABEE camp.
I would recommend it to anyone who aspires to an
Engineering Education and Career.
Student Mentoring Program

By: Gail Frame

The Student Mentoring Program year was formally launched at the Teacher/Mentor Orientation held at HDR on September 19th. This year there are 32 teams from 24 schools participating. We’re excited to welcome Elkhorn Ridge Middle School, Morton Middle School, Woodrow Wilson Middle School, St. Pius X High School and Roncalli Catholic High School back to the program.

The next SMP milestone is the Workshop scheduled for Saturday, October 13th at PKI. Students, teachers and mentors will be offered sessions on team-building, presentation skills, technical writing, codes and estimating, sustainable design and model building.

We would like to thank two of our sponsors, HDR and Leo A Daly, for allowing us to recruit mentors at their firms. While we did identify a couple new volunteers, we are still eagerly seeking SAME members who can commit an hour each week to work with students at the following schools:

- Elkhorn Ridge Middle School
- Morton Middle School
- Marrs Magnet Center
- McMillan Middle School
- Nathan Hale Middle School
- North High School (particularly hoping for a female mentor)
- Roncalli High School

As a mentor, you will earn PDH hours and receive recognition for your firm but more importantly, you will influence the next generation of engineers and architects – a great addition to any resume. First-time mentors also qualify for a reimbursement of a three-year SAME membership. If your schedule won’t allow for mentoring, please consider encouraging your co-workers to participate in the program. Sometimes all it takes is hearing “Did you ever think about mentoring? I think you’d be really good at it.”

For more information, visit www.sameomaha.org.

Call for Nominees 2012 SAME Awards

By: Dave Packard

The Omaha Post Awards Committee is seeking nominations for the 2012 SAME Awards Program. While deadlines for National awards do not occur until January, the Omaha Post initiated an annual awards program in 2009 to identify OUR best candidates for awards in all categories. The 4th Annual Omaha Post Awards Program is scheduled for mid-December, 2012 (precise date yet to be determined) and nominations for that program must be submitted by November 29, 2012. Potential candidates for National awards will then be recognized at the local level and submitted for national recognition in January.

The list of SAME Awards is available on the National web site and is summarized below. The Omaha Post has received many significant awards in recent years, most notably the Walter O. Bachus Gold Medal, bestowed on our very own Roger Wozny in 2006. There are MANY members who have made significant contributions to the Omaha Post for years and have yet to be recognized.
Please take a moment to consider your fellow members and, more importantly, take the action to make a difference for those who have done the same. You’ll be glad you did.

Please note that two NEW awards are shown in the list this year. The deadline for submission of ALL nomination packages to National is January 23, 2013 and Merit awards and the President’s Medal can be given anytime. Specific nomination instructions are available at the SAME National web site.

Additional information regarding the awards program is available by contacting David Packard, Director for Awards and Recognition at 402-996-3822 or e-mail david.a.packard@usace.army.mil or visit the SAME web site.

Gerald C. Brown Mentoring Award

Eligibility Criteria
Candidate must be an active SAME member and Fellow.

Nomination Criteria
The nomination will be evaluated based in the following criteria:

- **Advocate** - Arrange for the mentee to participate in high-visibility activities within your organization and in SAME-sponsored events.
- **Advisor** - Communicate the formal and informal realities of career progression; recommend beneficial training; review mentee’s professional development plan if he /she has one.
- **Communicator** - Establish an environment for open interaction with young members; act as a sounding board for ideas and career concerns.
- **Coach** - Teach managerial and technical skills; recommend specific behaviors for success; encourage Young Members to take leadership roles in SAME.
- **Sponsor** - Take Young Member to SAME meetings and introduce to colleagues; connect Young Members with educational and employment opportunities.

Bliss Medal

Eligibility Criteria
Professor of architecture, engineering, construction or related field who is a SAME member prior to nomination.

Nomination Criteria
Excellence in educating, mentoring and motivating students in architecture, engineering and related disciplines, and partnering with the local SAME Post to allow Post members to mentor student members.

Goethals Medal

Eligibility Criteria
Registered engineer who was a member of SAME prior to nomination.

Nomination Criteria
Eminent and notable contributions in engineering, design, or construction in the past five years.

Walter O. Bachus Gold Medal

Eligibility Criteria
A member of The Society for at least ten years.

Nomination Criteria
Outstanding leadership and accomplishments in support of the Society mission over one’s entire period of membership in the Society.

Robert B. Flowers Small Business Member Award

Eligibility Criteria
A company that has at least one Post Sustaining Membership in the past three years and is a Small Business in at least one NAICS category as of the date of nomination.

Nomination Criteria
- Extent to which the company appoints individuals to sustaining member representative positions for each Post affiliation.
- Extent to which company SM representatives take on leadership positions at the Post level, including Board of Direction and committees.
- Extent to which the company supports K-12, College Outreach and community service activities.
- Extent to which the company participates in Small Business programs sponsored by The Society or public agencies.
- Extent to which the company exhibited and sponsored at SAME region and national conferences.
- Extent to which company supported Young Member participation in Society activities and mentoring programs.

... Call For Nominees 2012 SAME Awards continued

Continued on page 7...
Seymour S. Greenfield Sustaining Member Award – Medium Company

Eligibility Criteria
In order to be eligible for the award, an SAME Sustaining Member company in the private sector must be a medium-sized company (101-2,499 employees) and be a Sustaining Member of at least two SAME Posts in each of the previous five years.

Nomination Criteria
The company will be evaluated based on the extent to which during the previous calendar year:

- The company appoints individuals to sustaining member representative positions for each Post affiliation.
- Company representatives take on leadership positions at the Post, Region and National level, including Board of Direction, standing committees and conference planning committees.
- Company supports Young Member participation in Society activities and mentoring programs.
- Company supports K-12, College Outreach and community service activities.
- The number of Posts supporting the nomination with validation of the company’s participation during the past year (in the form of attached letters of support).
- The company advertises in SAME publications (The Military Engineer, SAME News and the Print Version of the Directory of Member Companies & Public Agencies).
- The company exhibited and sponsored activities/events at SAME National and Region Conferences.

J.W. Morris Sustaining Member Award – Large Company

Eligibility Criteria
A company must have at least two or more Post sustaining memberships in each of the previous five years.

Nomination Criteria
The company will be evaluated based on the extent to which during the previous calendar year:

- The company appoints individuals to sustaining member representative positions for each Post affiliation.
- Company representatives take on leadership positions at the Post, Region and National level, including Board of Direction, standing committees and conference planning committees.
- Company supports Young Member participation in Society activities and mentoring programs.
- Company supports K-12, College Outreach and community service activities.
- The number of Posts supporting the nomination with validation of the company’s participation during the past year (in the form of attached letters of support).
- The company advertises in SAME publications (The Military Engineer, SAME News and the Print Version of the Directory of Member Companies & Public Agencies).
- The company exhibited and sponsored activities/events at SAME National and Region Conferences.

Post Service Medal (NEW!)

Eligibility Criteria
An individual must have been a member of SAME for at least five years and a member of the Post that is making the nomination for at least three years from the date of the nomination.

Continued on page 8...
Nomination Criteria
The nomination will describe the individual’s support to the Post over at least a period of three years and how the individual contributed to the success of the Post. The Post must have been recognized as a distinguished Post at least once during the period for which the individual is being nominated. The individual should have held positions of responsibility in the Post, such as Secretary, Treasurer, or Committee Chair. The nomination should also indicate that the nomination was approved by the Post Board of Directors to show support for the nomination.

President’s Medal
Eligibility Criteria
Any person who was a member of the Society in the President’s year in office.

Nomination Criteria
Outstanding leadership and accomplishment in support of the Society’s strategic plan during the President’s year of office. Normally, one medal will be given to an RVP, one to a National Committee Chair and one to a member who the President desires to recognize with this high honor.

Public Agency Award
Eligibility Criteria
Any federal, state, or local public agency that has maintained its membership for three or more years is eligible for the award. For federal agencies, the award is intended for a field organization, not the entire agency.

Nomination Criteria
• Extent to which the public agency appoints individuals to public agency representative positions for each Post affiliation.
• Extent to which the public agency participates in procurement opportunity briefings.
• Extent to which public agency representatives take on leadership positions at the Post level, including Board of Direction and standing/ad hoc committees.
• Extent to which public agency supports Young Member participation in Society activities and mentoring programs.
• Extent to which public agency supports K-12, College Outreach and community service activities.
• Extent to which the public agency participates in Small Business programs sponsored by The Society or federal agencies.

Paul R. Smith Noncommissioned Officer (NCO) Medal
Eligibility Criteria
Any Active, Reserve, National Guard or Retired Noncommissioned Officer who has been a member of The Society for at least one year prior to nomination.

Nomination Criteria
• Outstanding leadership and accomplishments in support of the Society Mission over the last calendar year.
• Outstanding leadership and contributions to military engineering over the past five years.

Student Leadership Medal
Eligibility Criteria
Any SAME Student Member, who is a registered student at an academic institution at the time of nomination.

Nomination Criteria
The following criteria will be used in judging nominations for excellence in the current academic year:
• Leadership in a SAME Student Chapter or SAME student mentoring program.
• Leadership in organizing and conducting professional development activities under the auspices of The Society of American Military Engineers.
• Leadership in community service.

Sustainability Award (NEW!)
This award recognizes efforts to reduce energy use, water use and/or waste production in support of goals set by E.O. 13514. Projects may be existing buildings, infrastructure or post-wide efforts in one or more of the target areas. Awards will recognize efforts that are measurable and have at least 12 months of data to support claims of energy, water, and/or waste reduction. Submittals should detail innovative systems and operations that contributed to ability of technologies and/or practices to achieve the reported impact reductions. Any building that is submitted must have had metering installed on electrical supply and water supply, at a minimum. Teams are encouraged to enter buildings into EnergyStar Benchmarking Tool and share Energy Usage Intensity (EUI) for the building.

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The submittal requirements for this award are very specific, so it is advised that criteria be reviewed at: http://www.same.org/index.php?option=com_content&view=article&id=638:sustainability-award&catid=42:awards-a-recognition-programs

**Sverdrup Medal**  
**Eligibility Criteria**  
Uniformed Members of SAME who have not passed his/her 36th birthday in the year for which nominated and who was a member of SAME prior to nomination.

**Nomination Criteria**  
The following criteria will be used in judging nominations:

- Outstanding contributions to engineering, design, construction, research & development, or planning for the past three years.
- Demonstrated leadership in managing projects or organizations.
- Receipt of awards or other recognition for professionalism, leadership and/or community service.

**Technology Advancement Medal**  
**Eligibility Criteria**  
A member of SAME during the year for which nominated.

**Nomination Criteria**  
Initiative in advancement of existing engineering and related technology for the past three years; demonstrated acceptance and application of technology by users; demonstrated communication skills in technology advancement; effective use of team work; and cost savings and effectiveness of the technology.

**Toulmin Medal**  
**Eligibility Criteria**  
Regular Member: All authors of an individual article in The Military Engineer must be a member of SAME prior to publication of the article. In the case of multiple authors of an article, the lead author of the winning article will be awarded the Toulmin Medal.

Young Member: The lead or sole author of an article in The Military Engineer who has not passed his/her 36th birthday in the year in which the article was published and was a member of SAME prior to publication of the article. If multiple authors, all other authors must be a member of SAME prior to publication of the article but need not be Young Members.

**Nomination Criteria**  
- Contribute to the knowledge of the science of military engineering or national security; and/or
- Publicize and preserve the accomplishments of engineers in our nation’s wars, contingency operations and responses to natural disasters.

**Tudor Medal**  
**Eligibility Criteria**  
Civilian member of SAME who have not passed his/her 36th birthday in the year for which nominated and who was a member of SAME prior to nomination.

**Nomination Criteria**  
- Outstanding contributions to engineering, design, construction, research & development, or planning for the past three.
- Demonstrated leadership in managing projects or organizations.
- Receipt of awards or other recognition for professionalism, leadership and/or community service.

**Urbahn Medal**  
**Eligibility Criteria**  
A Registered Architect who was a member of SAME prior to nomination.

**Nomination Criteria**  
Eminent and notable contribution in the field of architecture in the past five years.

**Young Member Medal**  
**Eligibility Criteria**  
Any member of The Society who has been a member for the past five years and has not passed his/her 36th birthday in the year for which nominated.

**Nomination Criteria**  
Outstanding leadership and accomplishments in support of the Society Mission over one’s entire period of membership in the Society.
“Day” job: Marketing Administrative Assistant at HDR. Providing administrative support for the marketers by scheduling and attending meetings, schedule travel and conference registrations are just a few of the many things I do. One of my favorite parts of the position is coordinating the clients events – golf outing, football party and holiday luncheons in Lincoln and Omaha. I will be retiring in December after spending the last 26 years at HDR.

Personal Life: I have been married to my husband, Mel for quite a few years and have three adult children, Cindy, Doug and Brian. They have provided us with 7 grandchildren, ages 3 ½ to 15 years.

I am a great fan of the Huskers & Creighton and love to watch them play on TV as I am not privileged to have tickets to the games. I also like to walk for exercise.

How did you become involved with SAME? I became involved with SAME back in 1995 when the Student Mentoring Program started and I was the coordinator which I did for a few years until it got too big to be handled along with my job. That was when Roy Singleton took over.

What has been personally fulfilling/beneficial from your work with SAME? Just to see how much the Student Mentoring Program has grown and how it has helped many students learn about the engineering and architecture fields and whether that is what they want to pursue in college. I also enjoyed working at the registration table for the regular monthly meetings as well as at Industry Day and helping with the “Split Kitty”.

What project/task/endeavor have you been most excited/pride to work on in conjunction with SAME? The Student Mentoring Program, which I will continue to be involved in after I leave HDR.

Gladys is retiring in December 2012 after 26 years of dedicated service to HDR and over 17 years of service to SAME. Please join us in wishing Gladys well in her new adventure, and thanking her for everything she has done over the years.

What are you looking forward to in the next year? 5 years? 15 years with SAME? I will continue to help with the Student Mentoring Program as long as I possibly can.

What benefits do you see for our community through SAME’s work? What a great place for members to network and learn what is happening in the field of engineering and architect alike, and they can share their knowledge with students by being mentors to them. This is training for the next generation.

What would you say to an individual thinking about joining SAME? What a great way to meet and work with so many talented people.

Any other information you wish to share? I was thrilled and honored to receive the “SAME Regional Vice President’s Medal for Outstanding Service to the Society” at Industry Day in August 2009. !
Farris Engineering Adds Svoboda to Project Team

Farris Engineering is pleased to announce the addition of Tom Svoboda as Energy Programs Manager. Tom is a Registered Mechanical Engineer and Certified Energy Manager with 20+ years of experience working on facility and energy projects with various entities around the world. He will be instrumental in energy project development and project management. Tom obtained his Bachelor of Science Degree in Mechanical Engineering from the University of Nebraska-Lincoln, and his Masters in Business Administration from the University of Nevada-Las Vegas. For over 20 years, Tom served in the United States Air Force where he worked in various public works positions. He is a member of the Association of Energy Engineers (AEE), the Society of American Military Engineers (SAME), and the American Society of Heating, Refrigerating and Air-Conditioning Engineers (ASHRAE).
Jodi Vaccaro Joins WESTON as Market Development Professional

WESTON is pleased to announce that Jodi Vaccaro has joined the firm as a Market Development Professional, based in Omaha, NE. In her new role, Vaccaro will be focused on WESTON’s overall engagement with USACE Omaha as well as future capture efforts in the region, working with new and existing clients and strategic partners.

As WESTON’s SAME Omaha Post Young Member, Vaccaro currently serves on the Streamer and Industry Day Planning committees and is an active member of the Society of Marketing Professional Services (SMP5). This fall she is performing in “Legally Blonde – The Musical” at the Omaha Community Playhouse. Vaccaro graduated from the University of Nebraska – Lincoln and worked previously as a Business Development Manager for COASTAL.
URS Corporation Welcomes Jordano, Lorimor and Moore to the Firm

Mr. Jim Jordano, P.E. has joined URS Corporation as a Senior Project Manager at the Omaha office. Jordano is a retired Lieutenant Colonel from the Army/USACE, where he recently served as Deputy Commander of the Omaha District. He is a West Point graduate with over 20 years of experience in Engineering and Management. Jordano’s initial role will be to assist the Omaha office in diversifying and managing the technical services offered to federal, state, and local government.

Ms. Audra Lorimor, P.E. has joined the Omaha office of URS Corporation as Structural Engineer supporting the railroad group. Lorimor has over 8 years of experience in railroad and highway bridge design. She has project management, precast concrete fabrication and field survey experience. Lorimor’s responsibilities will include railroad and highway bridge and structure design.

Mr. Bill Moore, P.G. has joined URS Corporation as Environmental Proposal Manager in the Omaha office. Moore has over 30 years of experience serving in senior technical and managerial roles. He has a wide range of knowledge and skills associated with performance-based contracting on Federal Government remediation/restoration projects from the program-development level through contractor bidding/selection to successful project implementation. Moore will call upon his extensive experience in the environmental engineering industry to assist him in this new position, which focuses on helping manage the firm’s multiple ongoing PBC efforts.

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ANSWERS FOR INFRASTRUCTURE
Lamp Rynearson Receives Governor’s “Excellence in Wellness” Award

Lamp, Rynearson & Associates was recently awarded the Governor’s Excellence in Wellness “Sower” Award. This award rewards businesses for changing health behaviors, and was created to encourage all businesses in Nebraska to offer wellness and health programs for their employees. Selection criteria for the award includes firm leadership, policies and benefits in wellness; proof of an active wellness plan; and community involvement. Criteria also included the ability to show an improvement in employee health risk assessment information, as a result of a successful wellness program. Lamp Rynearson was presented with this award at the Governor’s Work Well Annual Awards Banquet on September 27, 2012.

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